Urine Collection
Instructions

Included with this kit

Before collecting your sample, please ensure that your kit contains the following materials:

- Self-adhesive order number label
- Collapsible urine cup
- Bulb pipette
- Yellow-capped transport tube with fluid
- Blue-capped transport tube
- Zip closure specimen bag
- Postage-paid return envelope
Step-by-Step Guide

IMPORTANT: Read all instructions prior to collecting your sample

1. Remove the contents of the plastic bag.
   - Open the collapsible cup and expand it completely, locking it in place.
   - Use the cup to collect your first urine of the day, filling at least half of the cup.

2. Open the blue-capped tube and remove the yellow-capped tube.
   - Remove the yellow cap and carefully place the tube back into the larger tube without spilling or removing any of the fluid.
   - This will stabilize the tube as you prepare your sample. Set the tube aside on a stable surface.

3. Using the bulb pipette, transfer urine from the cup into tube of fluid until the liquid reaches the black fill lines.
   - Discard the remaining urine, bulb pipette and the cup.

4. Carefully remove the tube of fluid from the larger tube and replace the yellow cap, ensuring that it is tightly sealed.

5. Place the self-adhesive label with your order number on the yellow-capped tube.
   - If you are testing multiple body sites, ensure that you are placing the correct label on each tube. The labels are letter-coded and marked with the corresponding body site.

6. Put the sealed yellow-capped tube, lid up, back in the larger tube and securely replace the blue cap. Then place the tube in the zip closure bag and seal tightly.
   - Place the bag in the postage-paid envelope and seal tightly.

7. You can send your sample from your mailbox or any United States Post Office.
   - Do not place in a FedEx or UPS drop box.